



**6:15PM**

## **ZUMBA & YOGA**

beginning January 3, 2012

**Tuesday Evenings**

**Sacred Heart Gym**

**17 Cottage St.~ Danbury, CT**

**203-748-9029**

**YOGA**



**7:30PM**

**BEGINNERS WELCOME!**

**ZUMBA– 6:15PM ~ YOGA - 7:30PM**

**Ask anyone who has attended ...classes are FUN!!!**

**BRING A FRIEND!!!**

## **2012 Fitness Pass**

### **PRICE LIST**

<b>First class (newcomers)</b>	<b>Free</b>
<b>Walk-ins welcome</b>	<b>\$10</b>
<b>5 Class Package</b>	<b>\$40</b>
<b>10 Class Package</b>	<b>\$65</b>
<b>20 Class Package</b>	<b>\$100</b>

**Passes can be purchased at the door or in the Parish Office during regular business hours.**

**BRING A WATER BOTTLE**

**YOGA PARTICIPANTS SHOULD BRING A MAT OR A TOWEL!**